

SHRI SHIKSHAYATAN SCHOOL

EXAMINATION: MIDTERM-'17

CLASS-XII

HOME SCIENCE

GENERAL INSTRUCTIONS:

- (1) All questions are compulsory
- (2) There are total 25 questions.
- (3) Questions no 1---6 are for 1 mark, to be answered in one or two lines.
- (4) Questions no 7---13 are of 2 mark, to be answered in 10 ---20 words
- (5) Questions no 14 and 15 are of 3 marks to be answered in 20---30 words
- (6) Questions no 16 ---21 are of 4 marks to be answered in 40 words
- (7) Questions no 22 ---25 are of 5 marks to be answered in 50---60 words
- (8) Support your answer with suitable examples wherever required

TIME: 3 HOURS

MARKS ALLOTTED: 70

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|---|---|
| 1. What do you mean by diet therapy? | 1 |
| 2. Why do we eat more in winter? | 1 |
| 3. What do you mean by real income? | 1 |
| 4. State two advantages in putting money in provident fund. | 1 |
| 5. What do you understand by standardized marks? | 1 |
| 6. State two changes that appear on face in old age. | 1 |
| 7. Prepare four rules to ensure hygiene of your kitchen surface. | 2 |
| 8. How can constipation be avoided during pregnancy? | 2 |
| 9. What is a savings account? | 2 |
| 10. Give four reasons when a consumer can file a complaint? | 2 |
| 11. Suggest two ways with which a family can increase its direct income? | 2 |
| 12. In which two ways is identity of adolescent boys influenced by their cognitive changes? | 2 |
| 13. Suggest four ways of helping your friend who is suffering from depression. | 2 |

- 14 Why should we not give green leafy vegetables to the patient of diarrhea? 3
What kind of food will suit him/ her?
15. Your brother wants to invest one lakh rupees. Suggest two ways which are safe and exempted from income tax . 3
16. What are the aims of Life Insurance? 4
17. Define savings and elaborate the benefits of savings 4
18. What is cognitive development? Discuss factors affecting cognitive development. 4
19. What important changes one has to accept for making his family life successful? 4
20. What are the different steps in planning? 4
21. What things will you keep in mind during the winning period? 4
22. What are the important points that you will consider while planning meal for an old person? 5
23. Why does requirement for nutrients increase during pregnancy? Discuss in details. 5
24. Define investment. Write about the factors influencing the selection of methods of investment. 5
25. You noticed that your friend is getting angry easily and is having difficulty to control himself/herself. How will you help him/her? 5